

**Arkansas Physical Medicine
636 West Broadway
North Little Rock, AR 72114
501-374-1153**

POST CARE: ELECTROLYSIS

The after care is the most important step in having Electrolysis treatments. We ask that you follow the prescribed after care very closely:

Clean the face with a mild cleanser, such as Dermalis Cleansing Milk(available in the clinic).

Clean the area(s) 4 times a day with brown Listerine. Use a disposable cotton ball for all cleaning and astringing. (Do this after cleansing the skin).

Apply a thin layer of antibiotic cream such as Neosporin Antibiotic Cream (**NOT OINTMENT**) 4 times a day.

Avoid using make up in the area(s) for 48 hours.

Do not use soiled sponges or make up pads to apply cosmetics for the durations of your treatments. Use all disposables instead.

You can ice the area(s) for up to 15 minutes at a time, 4 times a day.

NOTE: If you do not follow these after care instructions, you could develop scabbing in the treated area. **DO NOT** pick any scabs, this could lead to scarring. If you begin to experience itching and prolonged swelling, this could be a histamine reaction and Benadryl can be taken to help with this. Contact us if this does not subside within 48 hours of treatment.

We carry a line of skin care products in the clinic that we recommend after treatment as well as for use on a daily basis. See your **Certified Medical Electrologist** for more information on these amazing products.

If you have any questions concerning your treatments, please feel free to contact us at the clinic at **501-374-1153** or on our cell phones at:

Susan Perkins C.M.E. – 501-681-0515

Melissa Allen C.M.E. – 501-231-6257